

NOTICE OF MONTHLY MEETING — STROKE RECOVERY CANADA Thunder Bay Peer Support Chapter (Stroke Recovery Network)

We would like to invite you to our monthly series of talks and opportunities to connect with other survivors and caregivers! January's topic:

“So why am I taking this? Medications for Survivors of Stroke ”

Presenter: Laura Bron, Pharmacist, Bsc, Pharm, CDE
Academy Medical Pharmacy

Join us for an engaging afternoon as Laura walks us through the patient stroke experience, covering disease background information, hospitalization, treatment, and prevention. The presentation will include information based on the newest studies detailing the differences in medication therapy regimens and how the pharmacist can be involved in the recovery after a stroke and beyond.

And of course, it wouldn't be an afternoon without some light refreshments and great conversation with each other afterwards.

Date:	** <i>Thursday</i> , January 25th**	JANUARY 2018						
		Sun	Mon	Tue	Wed	Thu	Fri	Sat
Time:	1:30 p.m. to 3:00 p.m.		1	2	3	4	5	6
		7	8	9	10	11	12	13
Location:	Thunder Bay 55+ Centre — 700 River Street (*Auditorium*)	14	15	16	17	18	19	20
		21	22	23	24	25	26	27
Info: email	Call Todd : 345-6595 ext. 105 or tkennedy@marchofdimes.ca	28	29	30	31			

****NOTE**** Our monthly meetings will now be taking place on the **fourth Thursday** of the month. We will be using the **Auditorium** located closer to the entrance of the 55+ Centre.



Tell us your Stroke Story!

Stroke survivors and caregivers the Northwestern Ontario Regional Stroke Network wants to hear from you! We will be featuring a Stroke Story in our news section of the website on a regular basis. The patient's experience is the most important aspect of service.

Bringing the human element of stories into healthcare can humanize a healthcare system that is increasingly characterized by targets and checkboxes, audits and statistics. Statistics tell us the system's experience of the individual, whereas stories tell us the individual's experience of the system.



When patient stories are shared, they serve as powerful tools for bringing about constructive change.

If you are interested in telling your story, please contact Keli for details.

Become a Patient Family Advisor at Thunder Bay Regional Health Sciences Centre

- ✓ Are you a patient or patient's family member that has experienced care within the past two years?
- ✓ Are you willing to share insights, ideas and experiences?
- ✓ Are you comfortable speaking in a group & interacting with others?

YES - then join our team of Patient Family Advisors (PFAs)!

PFAs share their valuable insights and first-hand knowledge of how services impact patients. PFAs help us meet the needs and priorities of our patients, families and community. They have direct input and influence the policies, programs and practices that shape the care and services that people receive at Thunder Bay Regional Health Sciences Centre.

Contact:

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